



Ileostomy & Internal Pouch  
Association

Registered Charity

# Notts & Derbys IA Branch Newsletter

## February 2022

### CELEBRATING LOCAL SUCCESS 😊

Some Branch members who have been under the care of the team at the Derby Royal may have met or been operated on by Prof. Gill Tierney. Consultant surgeon with a specialism in colorectal surgery at UHDB, Ms Tierney has been named as President of the Association of Surgeons of Great Britain and Ireland (ASGBI), becoming only the second woman to hold the role in the organisation's 100-year history. Commenting on her new role via the hospital's website, she observes:

*"It's a lot of work but I want to reenergise the organisation. It is 100 years old, so we need to make sure that it's staying relevant and need to encourage more female members to join. Tradition is great, but it's not the worship of ashes but the passing on of fire."*

Clearly a huge achievement and an inspiring story too.

### GETTING INVOLVED...

IA, both locally and nationally, runs on the goodwill and passion of dozens of volunteers. Whether it is helping run a branch like ours, writing your story for the IA journal or training as a One2One Support Volunteer, everything helps. If you want to get involved, please get in touch.

Welcome to your Notts and Derbys IA newsletter, Spring 2022. By the time this reaches you the daffodils should be in bloom, and the grey days outside my office window will, I hope, be long gone! Spring is always a season that suggests hope and positivity, and as the weather starts to warm up (a little) your IA team has already been planning things that we hope will help encourage and support you in the months ahead.



### LOCAL IA EVENTS SPRING 2022



Coffee & Chat

Due to rising covid-figures in January we felt it wise to keep everyone safe and move our planned Coffee & Chat in Beeston back to being an online event. We 'Zoomed' happily for a couple of hours, welcoming new members and established ones alike.

Since then, things have perked up again. We will continue to offer a mix of face-to-face meetings at the Nurseryman Pub in Beeston NG9 3AE and Zoom chats. Please do join us whenever, however, and wherever you can.

Contact Clare, our Events rep for Events details via [nadia\\_events@iasupport.org](mailto:nadia_events@iasupport.org). For other Branch matters contact Brigitte, via [nadia\\_chair@iasupport.org](mailto:nadia_chair@iasupport.org) or Rob via [nadia\\_vicechair@iasupport.org](mailto:nadia_vicechair@iasupport.org).

Our next **Coffee & Chat** sessions are:

|                              |                         |
|------------------------------|-------------------------|
| <b>March 19<sup>th</sup></b> | from 10:30 (Nurseryman) |
| <b>April 14<sup>th</sup></b> | from 19:30 (Zoom)       |
| <b>May 21<sup>st</sup></b>   | from 10:30 (Nurseryman) |

April is planned as a **"Spring – Show & Tell"**. We hope it will be something fresh and fun, so if you have a hidden talent you want to reveal, or a hobby you are eager to talk about, this is a chance to do it. Be it playing the spoons or the piano, sport or sewing, crochet or creating stories, we'd love to hear about it. (Details and a Zoom invitation will be sent by email in due course.)



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Freephone: 0800 0184 724 | Email: [info@iasupport.org](mailto:info@iasupport.org) | Website: [www.iasupport.org](http://www.iasupport.org)  
Registered Charity: 1172338 (England and Wales) and SC048658 (Scotland)

President: Professor Gordon L. Carlson CBE BSc (Hons), MB ChB (Hons), MD, FRCS, FRCS(Gen), FRCSEd (Ad Hom)



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### SOCIAL MEDIA



Our media pages are run by Clare, Samantha and

Natalie. We can be found on Twitter, Instagram and Facebook where we share news about our Branch and the national charity, as well as reminders about events.

Instagram - @nottsderbyia

Facebook - Notts & Derbys Branch - Ileostomy and Internal Pouch Association

Twitter - @NottsDerbyIA

Clare also runs the private Facebook group - Notts & Derby Young IA - which you can request to join.

### THE 'NADIA' TEAM

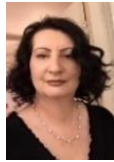
For our new members, here are the volunteers who keep this group running:



Brigitte



Rob



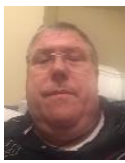
Clare



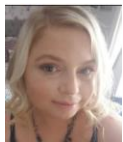
Daniel



Samantha



Derek



Natalie

Could you be the next team member?

### BIG DONATIONS = BIG THANK YOU...

Our long-standing members will be familiar with the New Hope Project. New Hope is a charity dedicated to repurposing unwanted stoma supplies for use in the Philippines where a single stoma bag can cost the equivalent of a day's wages. Many people cannot afford to buy them and so make do with home-made appliances using whatever they can find. For example, they will use plastic milk cartons as a base plate and a plastic bag as a stoma bag.

Since restarting in autumn 2021 we have shipped thousands of products to the Philippines (more than 200 full black bin liners). With NAMS providing storage space, and two of us using our garages capacity has grown... as have donations.

Everything is so gratefully received overseas, and really does make a difference. That said, please, only donate items that you can no longer use yourself and help us minimise wastage to the NHS.

As a general rule we have been receiving several boxes at a time and the cost of the items we receive from each person almost always runs into several hundred pounds, and in some cases over £1000.

The image here shows one carload collected, donated by two households, (non-IA members) worth over £2000.

Makes you think, doesn't it?!

Supplies can be donated via the NAMS offices in Nottingham. Alternatively, donations can be taken to Pete (Newthorpe) or Brigitte (Radcliffe-on-Trent).

**Contact:** Pete **07484 338180**

[Pete@newhopecharity@outlook.com](mailto:Pete@newhopecharity@outlook.com)

Brigitte **07877 710357** [Nadia\\_chair@iasupport.org](mailto:Nadia_chair@iasupport.org)



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