



Ileostomy & Internal Pouch
Association

Registered Charity

Notts & Derbys IA Branch Newsletter

June 2024

A WORD FROM YOUR CHAIR

Hello and welcome to our Nottinghamshire and Derbyshire IA newsletter, Summer 2024.

A special welcome goes out today to all those who have joined our Branch over recent weeks. We look forward to seeing you at some of our events, and to getting to know you in the months ahead.

In our last newsletter we put out an appeal for help, and I would like to thank the individuals who have expressed an interest in training as a One2One Support Volunteer, and to those who are keen to help us get a new event off the ground in Derby. More details on planned events in our area can be found overleaf.

CALLING ALL OUR DERBY MEMBERS...

By the time you read this we will have held our new **Derby-based Coffee & Chat** at the Mallard Beefeater on Thursday, May 23rd. Interest ahead of the event suggests this could become a regular feature. The venue is only available to us on weekdays, which limits options in some ways.

Are you aware of another central venue – perhaps a hall? a garden centre? another pub? – do get in touch. We have the ball rolling now and don't want momentum to stop!

Message us or call us on **07877 710357** or email nadia_chair@iasupport.org with your thoughts, feedback and suggestions.

WELCOME TO OUR NEW HONORARY PRESIDENT

Welcome

Following the retirement of Mr. JF Abercrombie, we have been reflecting on the way forward, and are delighted to now announce a new Honorary President. We are thrilled that Miss Gill Tierney has accepted our invitation to step into this role. Many of our members, especially in the Derby and Burton area, may well know her already, but for those who don't, here is a brief summary:

A Consultant Surgeon who specialises in Colorectal surgery, in 2023 Miss Tierney became President of the Association of Surgeons of Great Britain and Ireland (ASGBI), becoming only the second woman to hold the role in the organisation's 100-year history. She is Head of School of Surgery in the East Midlands, clinical advisor to Health Education England, and holds an honorary Chair at Nottingham University. With her knowledge of colorectal surgery and broad experience, we really do appreciate her joining us. We are incredibly lucky to have her on board and look forward to working together.

VOLUNTEERS WEEK 2024

Volunteers' Week is a celebration of the impact of volunteering in the UK. An annual event, this year it runs from **Monday 3rd to Sunday 9th June**. This is a fantastic opportunity to recognise and thank all the volunteers who give their time and energy so freely to a range of causes and organisations.

IA is run almost wholly by volunteers, so the charity will be using the week to celebrate what we do and inspire others to get involved. Keep an eye on IA's social media and website for stories and ideas on how to help others. Locally I would like to thank the team of four ladies who help me keep our Branch going, and would also like to welcome Adrian, who has kindly offered to help support us at events.

Many hands make light work, so if you have even a little time to help us, please get in touch. You can contact us directly in the usual ways or contact Roy Bustin (IA's Group Relationship Lead) via volunteering@iasupport.org. We are trying to expand our support and events calendar but do need more help if we are to do so.



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Freephone: 0800 0184 724 | Email: info@iasupport.org | Website: www.iasupport.org
Registered Charity: 1172338 (England and Wales) and SC048658 (Scotland)

President: Professor Gordon L. Carlson CBE BSc (Hons), MB ChB (Hons), MD, FRCS, FRCS(Gen), FRCSEd (Ad Hom)



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EVENTS SUMMER 2024

Come along and connect with us – all are welcome!



June 8th @ 16:00 – 17:00. **Swim** at Hucknall Leisure Centre, Linby Road, NG15 7TX where we once again have exclusive use of the pool for a fully accessible swim.



July 6th @10:30 - 12:00 **Coffee & Chat**, Nurseryman Pub, 177 Derby Road, Beeston, NG9 3AE.

September 7th @10:30 - 12:00: **Coffee & Chat**, Nurseryman Pub.

POUCH INFORMATION DAY

IA's Pouch Information Day 2024 is happening in Bristol on **June 29th** at the **Radisson Blu, Broad Quay, Bristol, BS1 4BY**. The day is open to anyone wanting to learn more about internal pouches, whether you have one, are considering one or support a 'pouchie.' Hosted by IA's Pouch Champions, we are delighted that Mr Richard Lovegrove *MB BS MD FRCS (Eng), Consultant Colorectal Surgeon, Worcester Acute Hospitals NHS Trust* will present this year. The event is free, with lunch and refreshments included. You can read more and book your place via IA's website. [Information Day 24 - Internal Pouch IA \(iasupport.org\)](https://www.iasupport.org)

A HUGE THANK YOU TO BOOTS THE OPTICIANS 🙏

Our IA Together rep, Clare, who works at Boots, shares this exciting news. Her store in Nottingham regularly does raffles, donating all proceeds to a charity close to the hearts of one of their employees each time. The Easter raffle was dedicated to raising funds for Notts & Derbys IA. For the raffle, Clare's team donated two huge hampers full of food and wine, two large gift bags of beauty items and – it being Easter – some Easter eggs.



Ticket sales raised an incredible £386.67, with Boots matching the amount to double it! This generous act has not only boosted our funds, but it also gave Clare a unique opportunity to raise awareness of IA, and of life with an ileostomy or internal pouch.

NADIA – GOING TO THE DOGS...?



As you will know from our last newsletter, we have been seeking your thoughts on a summer event for 2024. From the feedback that came in, the votes were in favour of trying something new. It has been a fair while since we had an evening out together, so for this year's summer event we have now booked a night at the Greyhound Stadium, Colwick Park, Nottingham. NG2 4BE.

We have booked twenty places for **Friday 19th July at 19:00**, with the option to expand the booking should it prove popular.



The venue is fully accessible for those with mobility issues, we will have trackside table service in the restaurant while we watch and perhaps bet on the race and have a fantastic 3-course meal with excellent company. IA will pay the first £10 for everyone attending, members and non-members alike, with the remaining £20 to be paid by June 17th.

Full details will have been sent to you by post or email in early May, including the ways you can pay the balance. Should you have any questions you can call or text **07877 710357** or email nadia_events@iasupport.org.



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